

## **GOOD MORNING!**

We would like to invite you to visit our breakfast room and enjoy our variety of continental breakfasts. For quick service, please help yourself; enjoy your meal and have a wonderful day! **If you have any allergies or dietary requirements, please inform one of our team members and we will try our best to find alternative options.**

### **Juices**

Apple, Orange & Cranberry  
(Additional Juices Available On Request)

### **Bakery**

Croissant, Pain au Chocolate, Danish Pastry, Banana and Chocolate Chip Muffin, White or Granary Bread  
A Selection Of Jams, Marmalade, Honey & Butter, Cereals, Natural Yoghurt & Homemade Compotes

### **From The Buffet**

#### **Trenython Full English**

Tywardreath Sausage, Bacon, Black Pudding,  
Tomato, Mushrooms, Hash Brown,  
Baked Beans, Scrambled or Fried Egg

#### **Trenython Full Vegetarian**

Vegetarian Sausage, Grilled Tomato, Mushrooms,  
Hash Brown, Baked Beans & Egg

#### **Pancakes**

Berry Compote Or Bacon and Maple Syrup

### **From the kitchen**

#### **Mushrooms On Toast**

Poached Egg, Pesto And Spinach

#### **Smoked Salmon Scrambled Eggs**

Sourdough Toast

(Poached eggs also available to order)

#### **Porridge**

\*Mild Cheddar, Brie, Serrano Ham & Chorizo can be ordered with the staff

### **Tea Selection**

Green, Peppermint, Chamomile, Earl Grey,  
Cornish Breakfast Tea

#### **Coffees**

Flat White, Cappuccino, Latte & Espresso

### **From The Bar**

Bloody Mary £6.75

Virgin Mary £3.00

Bucks Fizz £5.95

**Cooked Breakfast from the kitchen or buffet, Continental, hot and cold drinks £17.50;**

**Continental, hot and cold drinks £12.50;**

**Children's Breakfast £10.00 - 5-15 years (2 years and under free)**

**Served from 8am to 10.30am in our Da Kona Restaurant**